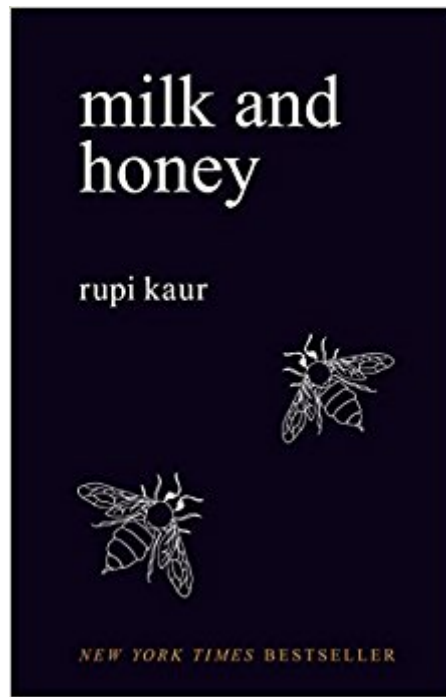


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# Milk And Honey



## Synopsis

Milk and Honey is a collection of poetry and prose about survival. About the experience of violence, abuse, love, loss, and femininity. The book is divided into four chapters, and each chapter serves a different purpose. Deals with a different pain. Heals a different heartache. Milk and Honey takes readers through a journey of the most bitter moments in life and finds sweetness in them because there is sweetness everywhere if you are just willing to look.

## Book Information

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Product Dimensions: 5 x 0.5 x 7.7 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (883 customer reviews)

Best Sellers Rank: #32 in Books (See Top 100 in Books) #1 in [Books > Literature & Fiction > Poetry > Women Authors](#) #5 in [Books > Religion & Spirituality](#) #45 in [Books > Romance](#)

## Customer Reviews

I do not normally write reviews, but this book was so extraordinary that I felt it was warranted: This book is, in my opinion, something everyone should read, regardless of gender. The author is female, and so of course it is written from a female perspective, but everyone has experienced love, loss, heartbreak and healing. We can all find something which speaks to us in her book. I am not usually that big a fan of poetry reading, mostly because they tend to be angsty or exhaustively epic. I also find that most poetry I've run across (or wished to run over, hah) has used gimmicks like line breaks to cover up crappy writing and introduce a whiff of true creativity where none really exists. This is not the case with Milk and Honey. All through the book, I've felt that every line break she placed in her writing served a purpose and highlighted a specific detail or an intentional pause meant to make the reader (and perhaps the writer herself) really think about what exactly was going on in the piece. It's easy to skim over poetry and then congratulate oneself on being so very well-read and cosmopolitan, but really getting into the meat and bones (or hummus and quinoa, if you should so prefer) of good poetry takes a great deal of concentration and analysis. What is the subject of the piece? Why do you think she wrote the piece? How did the writing and its style make

me feel? Why did I feel this way? Is it actually applicable to my own life? If so, in what way does it apply? Is it possible to use any increased understanding of my own life I have gained by reading this work to increase my acceptance and treatment of others and/or better my own life and actions?

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